April 26, 2004

Mr. Jerry Kozak  
Chairman and Chief Executive Officer  
National Milk Producers Federation  
2101 Wilson Boulevard, Suite 400  
Arlington, VA  22201

Ms. Connie Tipton  
President and Chief Executive Officer  
International Dairy Foods Association  
1250 H Street, NW, Suite 900  
Washington, D.C.  20005

Mr. Tom Gallagher  
Chief Executive Officer  
Dairy Management, Inc.  
10255 West Higgins Road, Suite 900  
Rosemont, IL  60018-5616

Dear Mr. Kozak, Ms. Tipton, and Mr. Gallagher:

As researchers and nutrition and health professionals, we urge you to give careful consideration to the nutritional quality of the beverages you market and make available to children in schools. We encourage you to work with schools, Congress, and the U.S. Department of Agriculture to ensure that the milk available in school cafeterias and vending machines is either low-fat (1%) or fat-free.

We recognize that milk is an important source in children’s diets of essential vitamins and minerals, such as calcium and vitamins A and D. Since 98% of maximum bone density is reached by age 20, it is especially important that children get enough calcium. Median daily intake (700 mg) of calcium by teenage girls is about half of the recommended level (1300 mg). However, we are concerned that milk is also the largest source of saturated fat in children’s diets. Three out of four children consume more saturated fat than is recommended in the Dietary Guidelines for Americans. The beginnings of atherosclerosis are seen in children as young as ten years old, and a quarter of children ages 5 to 10 years old already have high cholesterol, high blood pressure, or other risk factor for heart disease.
Currently, two-thirds (63%) of the milk ordered by schools is high in fat – either 2% or whole milk.  Since milk is a staple in the diet, 2% milk is of concern. Three cups of 2% milk provide 50% of the daily value for saturated fat.

Many flavored milks that could be available in school vending machines or snack lines contain more calories than a 20-oz. soda, and contain considerably more saturated fat. A single-serve container (14 oz.) of whole flavored milk, like Hershey’s Vanilla Cream Milk Shake, can contain as many as 560 calories and 8 grams of saturated fat. A container (16 oz.) of Nesquik Chocolate Milk is only modestly better, with 400 calories and 6 grams of saturated fat.

We have been encouraged by the work that the dairy industry is doing to help get soda and other low-nutrition foods out of schools. However, the dairy industry, positioning itself as a champion of healthy school nutrition environments through efforts such as the Action for Healthy Kids network, must ensure that your own products meet the same high nutrition standards to which you hold foods sold by your competitors in schools.

To protect children’s health, the dairy industry should work to ensure that the milk served with school meals, offered in school vending machines, promoted in your curricula and marketing campaigns, and required in state and federal laws for which you advocate is low in saturated fat. Such efforts would help to ensure that children receive the calcium and vitamin D they need in order to protect their bones, without the saturated fat that can increase their risk of heart disease.

Sincerely,

Marjorie Ackley, RD, RN, MPH
Staff
Providence Alaska Medical Center
Anchorage, AK

Isabel Aguilar
Dietetic Intern
California State University
Northridge, CA

Pat Anderson
Nutrition and Health Field Specialist
Iowa State University Extension
Oakland, IA

Juleeanna Andreoni, MS, RD
Nutritionist
Portland, OR

Johanna Asarian-Anderson, MPH, RD
Nutrition Program Director
County of Los Angeles Department of Health Services, Public Health
Los Angeles, CA

Donna Au, MPH, RD
Research Dietitian Supervisor
Cancer Research Center of Hawaii
Honolulu, HI

Clara L. Augustine, MS, RD, LDN
Volunteer
Florida Dietetic Association
Tallahassee, FL
Michelle Bacarella, MS, RD
Owner
CNP, Inc.
Gilbert, AZ

Jennifer Bachtel
Graduate Assistant
American University
Washington, D.C.

R. James Barnard, PhD
Professor
University of California, Los Angeles
Los Angeles, CA

Cynthia Taft Bayerl, RD, MS, LDN
Public Health Nutritionist
Boston, MA

Lynne C. Beck, RHEd
Health Education Supervisor
Guilford County Department of Public Health
Greensboro, NC

Marlene Beddome, RD
Project Coordinator
Division of Oncology/Hematology
Harbor UCLA Research and Education Institute
Torrance, CA

Sally M. Belles, RD
Registered Dietitian
Hawaii Dietetic Association
Waianae, HI

Gerald S. Berenson, MD
Director
Tulane Center for Cardiovascular Health
New Orleans, LA

Suzanne Bernhard, MPH
Director, Child Nutrition Services
Newark Unified School District
Newark, CA

Barbara Berry, MS, RD
Vice President, Programs
Produce for Better Health Foundation
Wilmington, DE

Carol Birkeland, RD, CD
WIC Director
Washington/Ozaukee County Health Department
West Bend, WI

Mary Bjelland, RD
Tribal Nutritionist
Stockbridge-Munsee Health & Wellness Center
Bowler, WI

Elaine M. Blyler, MS, RD, FADA
Assistant Professor
Department of Family & Consumer Sciences
California State University
Northridge, CA

Linda B. Bobroff, PhD, RD
Professor and Extension Nutrition Specialist
University of Florida
Gainesville, FL

Victoria Boortz, RD, CD
Registered Dietitian
Gundersen Lutheran Health System
La Crosse, WI

Rita Bownds, RD, LD
Food Service Director
Gregory-Portland Independent School District
Gregory, TX
Nancy Bozarth, CHES
Coordinator
Rockingham County Healthy Carolinians
Rockingham, NC

George A. Bray, MD
Professor
Pennington Center
Baton Rouge, LA

Janet Brill, PhD, RD
Adjunct Professor of Nutrition
University of Miami
Coral Gables, FL

Jenna Brinkworth
Coordinator
New York State Physical Activity Coalition
Buffalo, NY

Terrell Brock, MPH, RD, CD
Public Health Nutrition Consultant
Wisconsin Division of Public Health
Madison, WI

Kelly D. Brownell, PhD
Professor and Chair of Psychology
Professor of Epidemiology and Public Health
Yale Center for Eating and Weight Disorders
New Haven, CT

Sharon E. Buhr, MPH, RD, LRD
Director
Young People’s Healthy Heart Program
Mercy Hospital
Valley City, ND

Carla Sanders Caccia, RD, LDN
Dietitian
Public Health
Wilson, NC

Tara Cancellaro, MD
Clinical Instructor and General Pediatrics Academic Fellow
University of South Carolina
Charleston, SC

Charles T. Cappetta, MD
President
New Hampshire Pediatric Society
Adjunct Assistant Professor of Pediatrics
Dartmouth Medical School
Nashua, NH

Margie Carrington, MS, RD
Executive Director
Health & Nutrition Service of Racine
Racine, WI

Diane E. Carson, MS
Nutritionist
California State University, Long Beach
Long Beach, CA

Brenda C. Caudill
Health Educator
Montgomery County Health Department
Troy, NC

Pam Charles
Food Service Coordinator
New Albany-Plain Local School
New Albany, OH
Georgia Chavent, MS, RD, CD-N  
Director, Nutrition and Dietetics Program  
University of New Haven  
West Haven, CT

Renee S. Cole, RD, CD  
Winning Weighs Instructor  
Gundersen Lutheran Health System  
La Crosse, WI

Alphonso Coles  
Men’s Health Activist  
Health Care Now!  
Washington, D.C.

Joan M. Colfer, MD, MPH  
Director  
Collier County Health Department  
Naples, FL

William E. Connor, MD  
Professor of Clinical Nutrition  
Oregon Health & Science University  
Portland, OR

Elizabeth G. Crockett, PhD, RD, CDN  
Executive Director  
Family Ties Network, Inc.  
Syracuse, NY

Kristine Wallerius Cuthrell, MPH  
Research Nutritionist  
Cancer Research Center of Hawaii  
Honolulu, HI

Linda Dallman  
Director, Nutrition Services  
Aurora Public Schools  
Aurora, CO

Diane Dankert, RD, CD  
WIC Project Nutritionist  
16th Street WIC Project  
Milwaukee, WI

Rachel DaPuzzo, BA  
Graduate Student  
New York University Nutrition Program  
New York, NY

Monica Davidson  
Public Health Nutritionist  
New York State Department of Health  
New York, NY

Emilie Davis, MPH, RD, LDN  
Clinical Dietitian  
Brody School of Medicine  
East Carolina University  
Greenville, NC

Susan R. Davis, MS, RD  
Nutrition Education Coordinator  
Food Services and Nutrition Education Department  
Hartford Public Schools  
Hartford, CT

Richard J. Deckelbaum, MD  
Director, Institute of Human Nutrition  
Columbia University  
New York, NY

Susan E. DelGobbo, MPH, RD  
Outpatient Assistant Manager  
Nutrition Services  
University of Virginia Health Sciences Center  
Charlottesville, VA

Jeanette Dippo  
Health Education & Wellness Coordinator  
Cortland City Schools  
Cortland, NY
<table>
<thead>
<tr>
<th>Name</th>
<th>Title/Role</th>
<th>Organization/Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elena Lynch-Dobert, SFNS, CDN</td>
<td>Food Service Director</td>
<td>Rocky Point School District, Rocky Point, NY</td>
</tr>
<tr>
<td>Karen Reznik Dolins, EdD, RD, CDN</td>
<td>Director of Nutrition</td>
<td>Altheus, Rye, NY</td>
</tr>
<tr>
<td>Mary Ann Dowdell, PhD, RD, CDN</td>
<td>Director, Undergraduate Dietetics Program</td>
<td>SUNY College at Oneonta, Oneonta, NY</td>
</tr>
<tr>
<td>Miriam Edlefsen, PhD, RD</td>
<td>Assistant Professor</td>
<td>Washington State University, Pullman, WA</td>
</tr>
<tr>
<td>Maya Edmonds, MPH, RD, LD</td>
<td>Self-employed</td>
<td>Burtonsville, MD</td>
</tr>
<tr>
<td>Cyndi Ellis</td>
<td>Nutrition Educator</td>
<td>Food$ense Nutrition Education Program,</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Washington State University Extension,</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Vancouver, WA</td>
</tr>
<tr>
<td>Julie Enga, RD, LD</td>
<td>Nutrition Educator</td>
<td>Wellmark Blue Cross &amp; Blue Shield, Des Moines, IA</td>
</tr>
<tr>
<td>Karen Ensle, EdD, RD, FADA, CFCS</td>
<td>Family &amp; Consumer Sciences Educator/Nutritionist</td>
<td>Rutgers Cooperative Extension of Union County, Westfield, NJ</td>
</tr>
<tr>
<td>Mary C. Friesz, PhD, RD, CDE, LD</td>
<td>Pediatric Nutrition &amp; Wellness Consultant/Author</td>
<td>Designs for Healthy Lifestyles, Parkland, FL</td>
</tr>
<tr>
<td>Judy Fedie, RD, CD, CLE</td>
<td>Advocacy Committee Co-Chair</td>
<td>Wisconsin WIC Association, Chippewa Falls, WI</td>
</tr>
<tr>
<td>Jill Foster, MD, MPH</td>
<td>Family Medicine and Nutrition Physician</td>
<td>University of Alabama, Birmingham, Birmingham, AL</td>
</tr>
<tr>
<td>Tracy A. Fox, MPH, RD</td>
<td>President</td>
<td>Food, Nutrition &amp; Policy Consultants, LLC, Bethesda, MD</td>
</tr>
<tr>
<td>Kim Gans, PhD, MPH, LDN</td>
<td>Associate Professor</td>
<td>Brown University Institute for Community Health Promotion, Providence, RI</td>
</tr>
<tr>
<td>Edward Giovannucci, MD, ScD,</td>
<td>Associate Professor of Medicine</td>
<td>Harvard Medical School, Boston, MA</td>
</tr>
<tr>
<td>Holly Haslam Garner, BS</td>
<td>Graduate Student</td>
<td>University of Georgia, Athens, GA</td>
</tr>
<tr>
<td>Laura S. Goodman, MPH, RD</td>
<td>Consultant</td>
<td>Brookeville, MD</td>
</tr>
</tbody>
</table>
Ken Goodrick, PhD  
Associate Professor  
Family and Community Medicine  
Baylor College of Medicine  
Houston, TX

Amy S. Graber, RD, CD  
WIC Director/Nutritionist  
Southwestern Wisconsin Community Action Program, Inc.  
Dodgeville, WI

Sally Greene, BS  
Human Nutrition  
Michigan State University  
East Lansing, MI

Catharine M. Haight  
Past President  
New York State Association for Health, Physical Education, Recreation, and Dance (AHPERD)  
Little Falls, NY

Renee A. Hanks, SFNS  
Food Service Director  
South Colonie School District  
Albany, NY

Stephen Havas, MD, MPH, MS  
Professor of Epidemiology, Preventative Medicine, and Medicine  
School of Medicine  
University of Maryland  
Baltimore, MD

K.C. Hayes, PhD  
Professor of Biology  
Nutrition Director  
Foster Biomedical Research Lab  
Brandeis University  
Waltham, MA

Joanne Heatley, MS  
Director, Child Nutrition and Food Services  
Burleson Independent School District  
Burleson, TX

Lauren Heising, RD  
Coordinator of Sales and Nutrition Department of Housing and Dining Services  
University of Colorado, Boulder  
Boulder, CO

Rebecca Hoffman  
President  
Rebecca Hoffman, Inc.  
San Francisco, CA

Kathrynne Holden, MS, RD  
President  
Five Star Living, Inc.  
Springfield, MS

Lynn Holland, RN, RD  
Registered Dietitian  
Seeds of Health WIC  
Milwaukee, WI

Connie Holt, MS, RD  
Associate Professor, School of Hospitality  
Widener University  
Chester, PA

Linda Houtkooper, PhD, RD  
Professor and Department Head Nutritional Sciences  
University of Arizona  
Tucson, AZ

Lynn Huggins, DTR  
Food Service Director  
Southeastern Greene School District  
Greensboro, PA
Louise E. Ingraham, MS, RD, LN
Nutrition Consultant
Louise E. Ingraham Consulting
Grants, NM

Caree J. Jackson
Graduate Research Assistant
Department of Foods and Nutrition
University of Georgia
Athens, GA

Melissa Jacobson, MPH
Public Health Educator
Rockland County Department of Health
Pomona, NY

Joyce Johansen
Food Service Director
Clarinda Community Schools
Clarinda, IA

Eleanor Jones, CFCS
County Extension Agent
Clemson Extension Service
York, SC

Deborah J. Joye, RD
Director of Student Nutrition Services
Anderson School District One
Williamston, SC

Marina Julian, BA, BS, MS
Research Assistant III
Animal Science Department
University of Connecticut
Storrs, CT

Christi Justus, RD
Registered Dietitian
Gundersen Lutheran Health System
La Crosse, WI

Sue Kamien, MS, RD, CD
MCH Supervisor
Outagamie County Public Health
Appleton, WI

Norman Kaplan, MD
Professor of Medicine
University of Texas Southwestern Medical School
Dallas, TX

David L. Katz, MD, MPH, FACPM, FACP
Director
Yale Prevention Research Center
Yale University School of Medicine
New Haven, CT

Carolyn Katzin, CNS
Certified Nutrition Specialist
Los Angeles, CA

Francine Kaufman, MD
Professor of Pediatrics
University of Southern California
Los Angeles, CA

Elizabeth Kautz, RD
Nutrition Services Coordinator
Kendal-Crosslands Communities
Newark, DE

Jean M. Kerver, PhD, RD
Research Associate
Michigan State University
East Lansing, MI

Kristine Kesley, PhD, RD
Clinical Scientist
Department of Nutrition, School of Public Health
University of North Carolina at Chapel Hill
Chapel Hill, NC
Lara Khalil, MPH
Project Coordinator
Healthy Kids, Healthy Communities Initiative
Durham Public Schools
Durham, NC

Linda L. Kincaid, BSN, RN
Health Manager
Southern New Hampshire Services
Child Development Program
Manchester, NH

P. Jean Kincaid, RD, LDN, MS
Dietitian
Retired
Laurinburg, NC

Vicky Kirby, CSFS, CDM
Food Service Director
Sioux Falls Catholic Schools
Sioux Falls, SD

Pamela Koch, EdD, RD, CDN
Project Coordinator
Linking Food and the Environment Curriculum
Teachers College
Columbia University
New York, NY

Nancy Kondracki, MS, RD, LDN
Clinical Dietitian
Holy Cross Hospital
Ft. Lauderdale, FL

Amy Koren-Roth, MS, RD, CDN
Chair
Steering Committee, School Nutrition
New York State Action for Healthy Kids
Albany, NY

U. Beate Krinke, PhD, MPH, RD, LN
Nutrition Consultant
Nutrition Profiles
St. Paul, MN

John C. LaRosa, MD, FACP
President
SUNY Downstate Medical Center
Brooklyn, NY

Carol Ledesma, BS
Nutritionist
Choices for Children
South Lake Tahoe, CA

David Leonard, MA
Educational Program Coordinator
Nutrition Connections Program
University of New Hampshire Cooperative Extension
Dover, NH

Karah Lindbergh, RD, LD
Clinical Dietitian, Nutritionist
Lovelace Medical Center
New Mexico Sports & Wellness
Albuquerque, NM

Marissa Lippert, BA
Graduate Student
New York University Nutrition Program
New York, NY

Heather S. MacDonald, RD
Nutrition Manager
Child Development Programs
Southern New Hampshire Services, Inc.
Manchester, NH

Kathleen Mader
Teacher, Foods and Nutrition
Xavier High School
Appleton, WI
<table>
<thead>
<tr>
<th>Name</th>
<th>Title and Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>JoAnn E. Manson, MD, PhD</td>
<td>Chief of Preventative Medicine, Brigham and Women's Hospital, Harvard Medical School, Boston, MA</td>
</tr>
<tr>
<td>Bonnie Masterson, MS, RD, CDE</td>
<td>Program Coordinator, Diabetes Education, Naples Community Hospital, Naples, FL</td>
</tr>
<tr>
<td>Kim Matwiejow, MS, RD, LDN</td>
<td>Clinical Dietitian, VA Medical Center, Miami, FL</td>
</tr>
<tr>
<td>Jaclyn Maurer, MS, RD</td>
<td>Senior Research Specialist, Department of Nutritional Sciences, University of Arizona, Tucson, AZ</td>
</tr>
<tr>
<td>Nicole Mayernik, MPH</td>
<td>Health Promotion Coordinator, Rockingham Department of Public Health, Wentworth, NC</td>
</tr>
<tr>
<td>Sheri Meyer, MS, RD</td>
<td>Clinical Dietitian, Children's Medical Center, Atlanta, GA</td>
</tr>
<tr>
<td>Acklema Mohammad, MD</td>
<td>Director, Pediatric Department, Urban Health Plan, Inc., Bronx, NY</td>
</tr>
<tr>
<td>Carol Morris, RD</td>
<td>Food Service Secretary, Bolivar R-1 Schools, Bolivar, MS</td>
</tr>
<tr>
<td>Mary Murimi, PhD, RD, LDN</td>
<td>Assistant Professor of Nutrition, Louisiana Tech University, Ruston, LA</td>
</tr>
<tr>
<td>Marilyn S. Nanney, PhD, MPH, RD</td>
<td>Acting Director, Obesity Prevention Center, Saint Louis University School of Public Health, St. Louis, MO</td>
</tr>
<tr>
<td>Sheila Nedd, CNC candidate</td>
<td>Special Education Teacher, Largo, MD</td>
</tr>
<tr>
<td>Marion Nestle, PhD, MPH</td>
<td>Chair, Department of Nutrition and Food Studies, New York University, New York, NY</td>
</tr>
<tr>
<td>Suzanne Nydick</td>
<td>Exercise Physiologist, University Medical Center at Princeton, Princeton, NJ</td>
</tr>
<tr>
<td>Eleese Onami, MS, RD, LD</td>
<td>Nutritionist, Model Cities Senior Wellness Center, Washington, D.C.</td>
</tr>
<tr>
<td>Judith G. Ortiz, MS, RD, LD</td>
<td>Food Service Supervisor, El Paso Independent School District, El Paso, TX</td>
</tr>
<tr>
<td>Steven Parker, MD</td>
<td>Director, Division of Developmental and Behavioral Pediatrics, Boston University School of Medicine, Boston, MA</td>
</tr>
</tbody>
</table>
Lynne Patton, BPS, RHIA  
Public Health Representative  
Division of Nutrition  
Nutrition Policy and Health Promotion Unit  
New York State Department of Health  
Albany, NY

Grantley Payne  
Nutrition Educator  
University of Massachusetts Extension Program  
Boston, MA

Jane Pepin, SFNS  
School Food Service Director  
Hudson Falls Central School District  
Hudson Falls, NY

Amy Piotter MS, RD  
Registered Dietitian  
Senior Clinical Dietitian  
UCLA Medical Center  
Los Angeles, CA

Sher Pollack, MS, RD  
Public Health Nutritionist  
WIC Program  
Honolulu, HI

Barry M. Popkin, MD  
Professor of Nutrition  
School of Public Health  
University of North Carolina at Chapel Hill  
Chapel Hill, NC

Lisa L. Powell, MS, RD  
Director of Nutrition  
Canyon Ranch Health Resort  
Tucson, AZ

Audrey A. Prentice, SFNS, DT, MBA  
Food Service Coordinator  
Middle Country Central School District Public Schools  
Centereach, NY

Dawn L. Price  
County Extension Agent  
Clemson Extension Service  
York, SC

Laurel Sterling Prisco, MA, RD  
Registered Dietitian  
Natur-Tyme  
Syracuse, NY

Jennifer Reardon, MS, RD, CDN  
Nutrition Education Team Leader  
Cornell Cooperative Extension  
Batavia, NY

Theresa Rich, MS  
Graduate Assistant  
American University  
Washington, D.C.

Linda Rider, MS, RD, SFNS  
Director, Nutrition Services  
CN Resource, LLC  
Mesa, AZ

Eric Rimm, ScD  
Associate Professor of Epidemiology and Nutrition  
Harvard School of Public Health  
Boston, MA

David L. Rimoin, MD, PhD  
Professor of Pediatrics, Medicine and Human Genetics  
David Geffen School of Medicine at University of California at Los Angeles  
Los Angeles, CA
Thomas N. Robinson, MD, MPH  
Associate Professor of Pediatrics and Medicine  
Stanford University School of Medicine  
Stanford, CA

B. Katrine Rose, RD, SFNS  
Administrative Coordinator of Food Service  
Prince William County Public Schools  
Manassas, VA

Susan P. Rubin, DMD, HHC  
Dentist, Holistic Health Professional  
Public Health Activist, Educator  
A Better Way Holistic Health  
Mount Kisco, NY

Terese Rutkowski  
WIC Director  
Walworth County WIC  
Elkhorn, WI

Frank M. Sacks, MD  
Professor of Cardiovascular Disease Prevention  
Harvard School of Public Health  
Boston, MA

Carita Saunders, MA  
Teacher  
Frank W. Ballou Senior High School  
Washington, D.C.

Kathy Scalzo, MA, RD, CDN  
Coordinator  
School-Based Health Nutrition Services  
Schneider’s Children’s Hospital  
Brooklyn, NY

Andrea Seifert, RD, CD, CLE  
WIC Director  
Polk County Health Department  
Balsam Lake, WI

Kathleen M. Sergent, MA, RD  
Nutrition Liaison  
Virginia Department of Health  
Richmond, VA

Theresa Serio  
Educator, Food Stamp Nutrition Education Program  
Maryland Cooperative Extension Office-Carroll County  
Westminster, MD

Anne Sheehan, SFNS  
Food Service Director  
Glens Falls City School District  
Glens Falls, NY

Leigha Jordan Shepler, MS, CHES  
Health Education Program Manager  
Rockingham County Department of Public Health  
Wentworth, NC

Holly Shields, MS, MEd  
Community Initiatives Specialist  
Highmark Blue Cross Blue Shield  
Pittsburgh, PA

Melanie R. Silverman, MS, RD, LDN, CNSD  
Nutrition Specialist  
University of Chicago Hospitals  
Chicago, IL

Denise A. Simao  
Graduate Student  
D’Youville College  
West Seneca, NY
Anastasia Snelling, PhD, RD
Associate Professor
American University
Washington, D.C.

David Spreadbury, PhD
Professor of Nutrition
Des Moines University
Des Moines, IA

Judith Standler, MS, RD
Consulting Dietitian
Self-employed
Appleton, WI

Lori Stefko, MS, RD
Dietitian
New York State WIC Program
New York, NY

Dawn Stone, RD, LD
Assistant Coordinator
School Food Service
Pocatello/Chubbuck School District
Pocatello, ID

Margaret Strode
Public Health Nutrition Consultant
California Department of Health Services WIC Branch
Sacramento, CA

Leslie O. Strolla, MS, CHES
Project Coordinator
Institute for Community Health Promotion
Brown University
Providence, RI

Phyllis J. Stumbo, PhD, RD, LD
Nutrition Manager, Bionutritionist
University of Iowa General Clinical Research Center
Iowa City, IA

Albert Stunkard, MD
Professor of Psychiatry
University of Pennsylvania
Philadelphia, PA

Carol Suter, MS, RD, LD
Retired Professor of Nutrition
Texas Extension Nutrition Specialists
Suter & Suter Associates
Bryan, TX

David P. Swain, PhD
Professor of Exercise Science
Old Dominion University
Norfolk, VA

Ellie Taylor, RN, MS, CDE
Wellness and Occupational Health Director
Oconee Memorial Hospital
Seneca, SC

Shelly Terry, MS, SFNS
School Foodservice Consultant
Birmingham, AL

Shirley Thornton, EdD
Coordinator
Los Angeles Region Project LEAN
Los Angeles, CA

Elizabeth Tighe, RN
Candidate for Master’s Degree in Nutrition Education
Columbia University
New York, NY

Jacqueline Tremont, RN
School Nurse
Lansingburgh High School
Knickerbocker Middle School
Troy, NY
Versilla S. Turner, MS, RD, LDN  
Senior Public Health Nutritionist  
Supervisor  
Escambia County Health  
Department  
Pensacola, FL

John Westerdahl, PhD, MPH, RD  
Director, Wellness & Lifestyle Medicine  
Castle Medical Center  
Kailua, HI

Laurina Urmann, RD, LDN, SFNS  
Food Service Director  
Ridgway Area School District  
Ridgway, PA

Lora B. Wilder, DSc, RD  
Assistant Professor of Medicine  
Johns Hopkins University School of Medicine  
Baltimore, MD

Eileen Vincent, MS, RD  
Assistant Director, Clinical Nutrition Research  
Feinberg School of Medicine  
Northwestern University  
Chicago, IL

Christina L. Wilds, MPH, CHES  
Evaluation & Development Consultant  
Highmark Caring Foundation  
Pittsburgh, PA

Sheryl Wachter, RTR, MR  
MRI Technologist  
Shady Grove Hospital  
Rockville, MD

Wendy S. Wolfe, PhD  
Research Associate  
Division of Nutritional Sciences  
Cornell University  
Ithaca, NY

Lynn A. Warner, BS, RD, LDN  
Registered Dietitian Consultant  
Central Illinois Dietetic Association  
Bloomington, IL

Margo G. Wootan, DSc  
Director, Nutrition Policy  
Center for Science in the Public Interest  
Washington, D.C.

Jennifer Watson, RD  
Elementary Operations Manager  
Menu Planning  
Scottsdale Unified School District  
Scottsdale, AZ

Tammy Yarmon  
Teacher  
Omaha Public Schools  
Omaha, NE

Rick Weissinger, MS, RD  
Scientific Affairs Manager  
Produce for Better Health Foundation  
Wilmington, DE

Katherine Yerkes, MS, RD, LD  
Director of Dining Service  
The Kendal Corporation  
Kennett Square, PA

Josephine Wendel, MS, RD, LDN  
Nutritionist  
School Health Department  
Cambridge Health Alliance  
Cambridge, MA

Heidi Zimmer, RD, CD  
WIC Nutritionist  
16th Street Community Health Center  
Milwaukee, WI
For more information, contact Dr. Margo Wootan at 202-777-8352 or <mosborn@cspinet.org>.