



DEKLARASYON POU SIPÒ

# Etikèt Avètisman NYC pou Sik Ajoute yo

Nou menm ki siyen anba dokiman sa a, mande pou Konsèy Minisipal nan Vil New York la egzije pou yo mete ikòn avètisman pou sik ajoute yo sou afich ak tablo ki gen meni chèn restoran yo, pou tout atik ki gen plis pase valè sik ajoute ki rekòmande pou yon jounen (50 gram).

PASKE, sik ajoute nan alimentasyon rezidan New York yo se yon faktè enpòtan pou maladi ki souvan touye moun, epi ki koute anpil kòb pou trete maladi tankou dyabèt tip 2,<sup>1</sup> maladi nan kè,<sup>2</sup> maladi nan fwa,<sup>3</sup> moun ki gen twòp pwa oswa moun ki twò gwo,<sup>4</sup> ak plizyè kansè.<sup>5</sup>

PASKE, maladi ak pwoblèm medikal sa yo ap ogmante nan NYC, espesyalman nan kominote nwa ak latino yo.<sup>6</sup> Kominote sa yo te deja gen yon gwo nivo inegalite anvan pandemi a.<sup>7</sup>

PASKE, pifò nan maladi ak pwoblèm medikal sa yo pami pi gwo faktè ki pa anba ki lakòz moun entène ak mouri ak COVID-19.<sup>8</sup>

PASKE, gen twòp atik yo sèvi nan chèn restoran ki nan NYC ki gen 50 gram (12.5 ti kiyè kafe) oswa plis sik ajoute nan yon sèl pòsyon.<sup>9</sup> Daprè nòm FDA<sup>10</sup> li reprezante yon jounen sik ajoute.

PASKE, konsomatè ak fanmi nan New York yo merite pou yo jwenn tout enfòmasyon yo, pou yo kapab fè chwa ki bon pou sante a.

PASKE, 85% rezidan nan Vil New York sipòte demann ki fèt pou egzije gen yon avètisman sou meni chèn restoran ki gen atik ki gen plis pase yon jounen sik ajoute, daprè yon sondaj ki te fèt nan lane 2021.<sup>11</sup>

Òganizasyon \_\_\_\_\_ Dat \_\_\_\_\_

Non Moun pou Kontakte a (tanpri ekri li yon fason ki klè an lèt detache) \_\_\_\_\_

Siyati Moun pou Kontakte a \_\_\_\_\_

Mwen otorize pou siyen fòm sa a nan non òganizasyon mwen an:  Wi

Adrès Ri a \_\_\_\_\_ Vil \_\_\_\_\_ Kòd Postal \_\_\_\_\_

Telefòn \_\_\_\_\_ Imèl \_\_\_\_\_

Pi bon fason pou nou kontakte w:  Imèl  Telefòn  Mesaj Tèks

**Ou gen kesyon?** (315) 263-9522 oswa **voye yon imèl:** [SweetTruth@iphnetwork.org](mailto:SweetTruth@iphnetwork.org)

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- <sup>5</sup> American Institute for Cancer Research (2021). "Sugar-sweetened drinks: Increase risk of obesity and overweight" [webpage]. Available at <https://www.aicr.org/cancer-prevention/food-facts/sugar-sweetened-drinks/>
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