



支持声明

纽约市对添加糖的警告标签

我们，即以下签名者，呼吁纽约市议会要求在连锁餐厅的菜单标牌和菜单板上，对含有超过一天合理量（50 克）添加糖的所有菜品标示添加糖警告图标。

因为，纽约人饮食中的添加糖是导致 2 型糖尿病、¹心脏病、²肝病、³超重/肥胖症⁴和若干癌症等通常致命且治疗费用昂贵疾病的主要因素。⁵

因为，这些疾病和病症在纽约市呈上升趋势，特别是在黑人和拉丁裔社区。⁶在疫情之前，这些社区已经有不公平的高发病率。⁷

因为，这些疾病和病症中有许多是导致 COVID-19 住院和死亡的最大基础因素。⁸

因为，在纽约市的连锁餐厅中，有太多的食物在一份中含有 50 克（12.5 茶匙）或更多的添加糖。⁹根据 FDA（食品药品监督管理局）的标准，这相当于一天添加糖的合理摄入量。¹⁰

因为，纽约的消费者和家庭应该获得完整的信息，以做出健康的选择。

因为，根据 2021 年进行的一项民意调查，85% 的纽约市居民支持这项要求，对连锁餐厅菜单上添加糖超过一天合理量的菜品标示警告。¹¹

组织_____ 日期_____

联系人姓名（请工整书写）_____

联系人签名_____

我被授权代表我的组织签署此表格： 是

街道地址_____ 城市_____ 邮政编码_____

电话_____ 电子邮件_____

与您联系的最佳方式： 电子邮件 电话 短信

有疑问？(315) 263-9522 或电子邮件：SweetTruth@iphnetwork.org

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