

STRIP											
comparison to Laura's nutritional claims											
location	sample number	g total fat/ 4 oz	% of claim	g sat fat/ 4 oz	% of claim	calories/ 4 oz	% of claim	weight	AHA label?		
claim on label		4	100%	2	100%	140	100%				
average of samples		9.7	243%	4.4	220%	200	143%				
DC	20441.9051-1	8.74	219%	4.3	215%	196	140%	0.46	cannot determine AHA		
DC	20441.9051-2	9.73	243%	4.7	235%	204	146%	0.85	AHA label		
DC	20441.9051-3	13.2	330%	6	300%	224	160%	0.32	cannot determine AHA		
Chicago	20441.9484-1	11.41	285%	4.8	240%	216	154%	0.58	AHA label		
Chicago	20441.9484-2	8.27	207%	3.7	185%	189	135%	0.62	AHA label		
Chicago	20441.9487	4.47	112%	2.1	105%	162	116%	0.53	store label says NY strip, laura's label says ribeye		
LA	20441.11242	8.7	218%	3.9	195%	193	138%	0.24	AHA label		
Portland	20441.1605-1	8.43	211%	3.9	195%	191	136%	0.53	AHA label		
Portland	20441.1605-2	15.88	397%	7.8	390%	244	174%	0.67	AHA label		
Portland	20441.1605-3	10.68	267%	4.5	225%	206	147%	0.63	AHA label		
NYC	20441.11672	9.88	247%	4.5	225%	199	142%	0.94	AHA label		
NYC	20441.11674	9.89	247%	4.2	210%	199	142%	0.43	AHA label		
NYC	20441.11673	8.27	207%	3.5	175%	185	132%	0.45	no laura's sticker		
LA	20441.11247	8.34	209%	3.7	185%	195	139%	0.62	no laura's sticker		
	avg steak weight (oz)	g fat whole steak		g sat fat whole steak		calories whole steak					
	9.0	21.8		9.9		450					