Quaker Instant Grits Country Bacon

INGREDIENTS: SPECIALLY PROCESSED Degerminated
White Corn Grits, Textured Vegetable Protein
(Textured Soy Flour, Soybean Oil, Water, Salt,
Hydrogenated STarch HYDROlysates, Natural
And Artificial Flavor, Hydrolyzed Soy Protein,
Sugar, Caramel Color, Citric acid, Potassium
Sorbate, Yellow 6, Red 3), Salt, Calcium
Carbonate, Reduced Iron, Niacin*, Bht And Citric
Acid (As Preservatives), Thiamin Mononitrate*,
Riboflavin*, Folic Acid*.
*one of the B vitamins
contains soy ingredients.

Try these other delicious products:
Quaker Quick Grits • Quaker Old Fashioned Grits • Aunt Jemima Quick
Grits • Aunt Jemima Old Fashioned Grits • Original • American Cheese •
Three Cheese • Cheddar Cheese Blend • Real Cheddar Cheese • Country
Bacon • Real Butter • Red Eye Gravy & Country Ham • Ham 'n Cheese •
Variety Flavor • Cheese Lovers

Click here for a Table of Diabetic Exchanges.